## South Western Sydney Local Health District

## **Gradstart and Midstart Program**



Our multidisciplinary team includes a range of staff that care for our community including consultant psychiatrists, psychiatric registrars, nurses, social workers, occupational therapists, psychologists, peer and carer workers. With specialised skills and expertise, our staff work together to provide high quality mental health care in community-based centres and within hospitals across south western Sydney.

Inpatient services are located at Bankstown-Lidcombe, Liverpool and Campbelltown Hospitals and provide recovery-focused supportive care and treatment, planning and transfer of care for ongoing recovery. Working with other services across the District; including community health, drug health services, aged care and rehabilitation services; allows us to deliver comprehensive and holistic health care to our community.

Stream	Gradstart • Mental Health Rotations may be in either inpatient or community setting across the District (Bankstown, Campbelltown and Liverpool)
Duration	Offers a 12 month program Includes 2 x six month rotations
Intake dates (subject to change)	Intakes are March and May/June each year.
Rotations / specialties	To provide you with a range of experiences, each applicant is typically offered a rotation on an inpatient unit and community mental health team  Ward – acute adult, youth, adolescent, rehabilitation, and short stay units  Community - COMHET (community mental health emergency team), AOT  (assertive outreach team), Adult case management, and older person team  Specialty - Mental Health
Orientation and support	We offer a five day dedicated face-to-face orientation at start of the program Two days supernumerary time is then allocated at each rotation Allocated Preceptorship A designated Gradstart Coordinator Group Clinical supervision.
Study days / education	Five targeted study days throughout the year.



